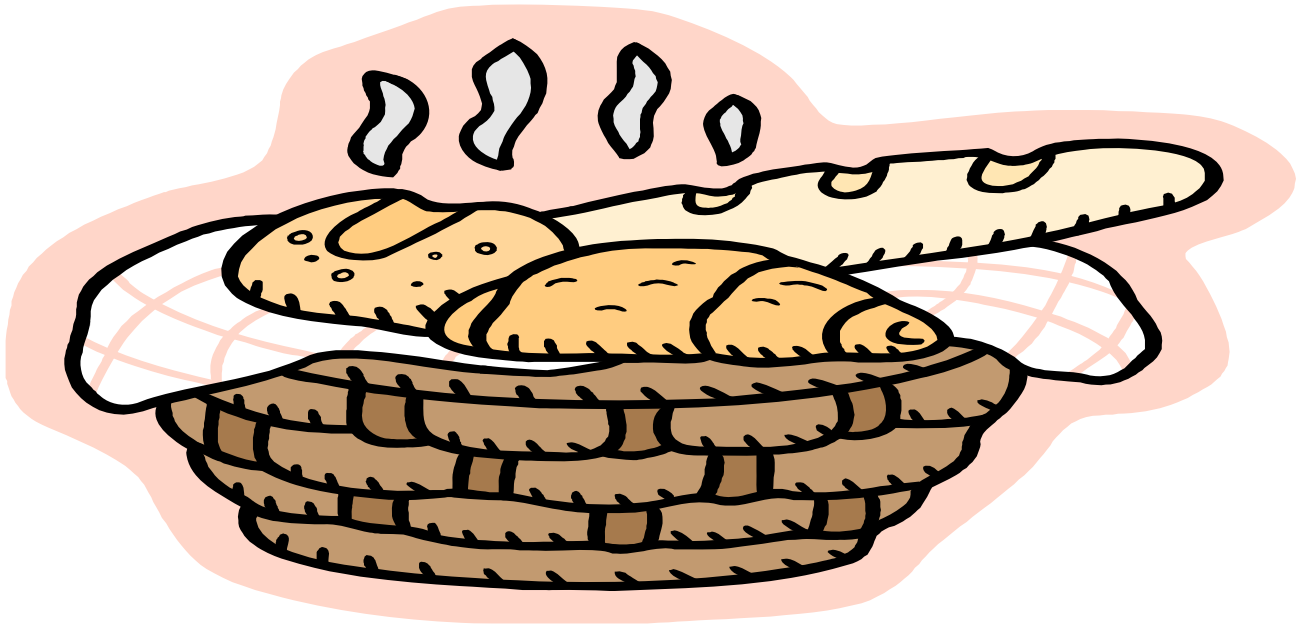


## WESTSIDE FOOD SECURITY COLLABORATIVE POTLUCK

*For more information on the Food Security Collaborative visit [www.kitshouse.org](http://www.kitshouse.org) click on "Community", click on "Food Security Resource Page"*



Please join us for a community Potluck. Appetizers, mains, salads, drinks and desserts welcome!

When: Saturday May 10, 2008

Where: Steeves Manor –1985 Wallace (2 blocks west of Alma).

Time: 6:00-8:00 PM

Please RSVP by May 8, 2008

Ross Moster at 604-742-9881

Or

Lisa Ross 604-257-5151

If you're coming to the potluck, let us know what you're bringing. We encourage you in the usual ways: Organic, locally grown food is preferred and vegetarian dishes are encouraged. And, to enable participants with *food allergies to be able to participate more fully, we offer a couple suggestions: a) if you're making something that normally calls for wheat, considering substituting kamut or spelt - or rice or quinoa or amaranth or teff - and b) if you're making something that normally calls for cow cheese, consider substituting goat cheese. c) list the ingredients of your dish, keeping in mind peanut allergies.* As always though, anything you bring is most appreciated.

We look forward to seeing you there!