

# Parent and Child Cooking Workshop

Date: Thursday April 20th  
Time: 5:30-7pm  
Location: Kits House  
Cost: \$10 per child and  
parent

Ages  
7-10  
years



Come enjoy a fun cooking workshop and meal with your child!

Cooking demo by Registered Dietitian, Cristel Moubarak, interactive food prep with your child, recipes and a surprise!



For questions contact Diane at [dianep@kitshouse.org](mailto:dianep@kitshouse.org)  
or call 604.736.3588 ext.135

Register at the Front Desk

