



WESTSIDE FOOD
COLLABORATIVE

FREE AND LOW-COST COMMUNITY FOOD RESOURCES WESTSIDE

Kits Cares Community Market - LOW COST/FREE

Every Thursday, 12:30 pm-2:30 pm
Redemption Church, 3512 W 7th Ave W, Vancouver.
Kits Cares Community Market sells low-cost and subsidized produce and canned goods. Cash, debit and credit accepted. Guests can also enjoy a hot drink and a sweet treat at a cafe area at no cost. Free items of food available

Jewish Family Services - Cooked with Chesed Meal Delivery - LOW COST

Subsidized meal delivery service for seniors and those who need additional support. (\$10 for 5 prepared meals). Meals are Kosher Pareve (BCK certified). For more information or to register, contact the JFS care line at 604-558-5719 or <https://www.jfsvancouver.ca/services/food-services/cooked-with-chesed/>

Seniors Lunch at Kitsilano Neighbourhood House - LOW COST

Tuesdays 11:00 am – 1:00 pm.
2305 W 7th Ave, Vancouver. Cost: \$7
Light exercise, engaging conversation, entertainment and a delicious meal.
To register, contact Sara at 604.736.3588 ext 129 or sarad@kitshouse.org

Farm-to-Plate Marketplace - SUBSIDIZED

Pickup is on Thursday evenings in Kitsilano.
Order fresh food directly from local farmers at farmtoplatemarketplace.com or by calling 778-896-6754. Weekly \$10.00 subsidy available.

Heart to Home Meals - LOW COST

Prepared meal delivery program for seniors. Visit <https://www.hearttohomemeals.ca/> or call 1-866-933-1516

Kits House Living Room Food Distribution - FREE

Fridays, 11 am-1 pm
Kitsilano Neighbourhood House, 2305 West 7th Ave
Community space open to all Monday-Friday, 9 am-4:30 pm - no membership or registration required! Features amenities, free WiFi, tea and coffee, and community connections. On Fridays, a limited number of fresh and non-perishable food items are available to take home - no registration required, no questions asked, while supplies last.

Kits Community Fridge and Pantry - FREE

Vine Street & 7th Ave – outside Kitsilano Neighbourhood House
Fresh and non-perishable items. Take what you need – leave what you can.

Community Fridge - Kitsilano 13th Ave - FREE

Located in the alley behind 3066 W 13th
Take what you need – leave what you can.

St. James Community Square Food Pantry - FREE

10th Ave. & Trutch Str.
Take what you need – leave what you can. No policing. No shame.

St. Mary's Kerrisdale Church Food Pantry- FREE

2490 W 37th Ave & Larch Str. Opens October 8.
Non-perishable food goods and personal hygiene items. Take what you need – leave what you can. No policing. No shame.

Community Food Pantry- West Point Grey - FREE

Trimble St. & 8th Ave
Non-perishable items, dry, canned goods. Take what you need – leave what you can.

Version updated: October 2023.

Contact wfc@kitshouse.org with questions, suggestions, updates.