

EMERGENCY SUPPORT

Bereavement Helpline: 604-738-9950

Kids Help Phone: 1-800-668-6868

KUU-US Crisis Line for indigenous People:
1-800-588-8717

Non-Emergency Ambulance: 604-872-5151

Non-Emergency Police: 604-717-3321

Rape Crisis Line: 604-255-6344

Suicide Crisis Line: 1-800-784-2433

Vancouver Crisis Line: 604-872-3311

VictimLink BC: 1-800-563-0808

FOOD

Kits Cares Café Grocery Hampers at Redemption Church – 3512 West 7th Avenue (at Collingwood). Thursdays 1:30 – 2:30. All welcome.

SHELTERS

BC 211: The Shelter & Street Help Line

Dial 211 for Shelter Bed & Mat availability. Updated twice per day. www.bc211.ca. Also referrals for other community & social services.

INCOME ASSISTANCE

Employment & Income Assistance Office

1-866-866-0800. Call for appointment.

SHOWERS & LAUNDRY

MPA Resource Centre Laundry

2275 Fir Street

Office: 604-482-3712; Members: 604-738-1422; 10 am – 7:30 pm M-F; Noon – 7:30 pm Sat/Sun (for MPA Clients Only)

PHYSICAL & MENTAL HEALTH

Health Link Phone Line: 8-1-1 for health information.

Kitsilano Neighbourhood House free counselling sessions online or over the phone. In English, Spanish or Farsi. For registration, contact counselling@kitshouse.org

VCH Central Intake: 604-263-7377

UBC Urgent Care

2211 Westbrook Mall (8 am – 10 pm)

Maple Walk-In Medical Clinic

2025 West Broadway; 604-730-9769

Khatsahlano Medical Clinic

2685 West Broadway; 604-731-9187

MPA Resource Centre

2275 Fir Street; Office: 604-482-3712;

Members: 604-738-1422 (10 am – 7:30 pm M – F; Noon – 7:30 pm Sat/Sun). Socializing, peer support, outreach, crisis intervention, showers, laundry, computers/internet, meals for people who live with mental illness.

Homeless Outreach Program (HOP)

2275 Fir Street (10 am – 4 pm; Monday – Friday) MPA members only. Outreach for those without homes. Housing search support & applications, SRO lists & availability, shelter lists, harm reduction resources, mental & physical health supports.

Vancouver Access & Assessment Centre

803 West 12th Avenue (at Willow Street)

604-675-3700; Provides mental health & substance use services (ages 17+).

Mental Health Emergency Services (Car 87)

604-874-7307

City of Vancouver Homelessness Services

604-665-3318; carnegie.outreach@vancouver.ca

SENIOR SERVICES

Seniors' Distress Line: 604-872-1234

Seniors Abuse & Information Line (SAIL)

Seniors First BC: 604-437-1940

Kitsilano Neighbourhood House

Safe Seniors, Strong Communities (SSSC)

Phone: 604-736-3588 ext.604

Email: seniorsinfo@kitshouse.org (9 am – 5 pm; M – F); Serving those residing North of King Edward & West of Granville Street.

SSSC Services offered during COVID-19

Information & Referral

Telephone/virtual check-ins

Grocery shopping and delivery

Prescription pick up and delivery

Kitsilano Neighbourhood House

Better at Home

Phone: 604-736-3588 ext. 131

Email: margaritac@kitshouse.org (9 am – 5 pm; M – F); Serving those residing North of King Edward & West of Granville Street.

BAH Services offered during COVID-19

Light Housekeeping

South Granville Seniors Centre

1420 West 12th Avenue; 604-732-0812 Seniors Benefits (OAS/PPP/GIS), Shelter Aid, Pharmacare, Disability Pension, Bus Pass programs (Handy DART), Meal Programs.

Contact churchrelations@ugm.ca for suggestions and updates.

REVISED: October 4, 2021
(Some Facilities & Programs Closed Temporarily with COVID-19)

DETOX & RECOVERY

Detox Services in Vancouver

Access Central Referrals: 1-866-658-1221
Determines the best option based on location & wait lists at the various detoxes; 9:00 am - 9:00 pm, 7 days a week. Nearest detox is Vancouver Detox (VCH), located at 377 East 2nd Avenue.

EMPLOYMENT SUPPORT

WorkBC Employment Services Centre
300-2150 West Broadway; 604-688-4666

LEGAL HELP & TENANT SUPPORT

Dial-A-Law

A library of scripts prepared by lawyers
604-687-4680 | www.dialalaw.org

Law Students' Legal Advice Program
(UBC) 604-822-5791

Legal Services Society

604-408-2172; Legal aid services to people with low income

Tenant Resource Advisory Center

604-255-0546 or 1-800-665-1185
Tenant Education, Advocacy & Research
tenants.bc.ca/resources/tenant-survival-guide/

Vancouver Rent Bank

604-566-9685 – Provides 1-time interest-free loans to low-income people in financial crisis.

Vancouver Renter's Enquiry Line

604-673-829; renteroffice@vancouver.ca

Hoarding Action Response Team

<https://vancouver.ca/people-programs/hoarding-action-response-team.aspx>

COMMUNITY & INFORMATION

(Including Phones & Computer Access)

Kitsilano Neighborhood House

2305 W 7th Avenue; 604-736-3588;
Closed until further notice.

Computer Support:

<https://cyberseniors.org/>
offer one-on-one sessions and free courses.

Vancouver Public Library

Computer access available at all branches during library hours. www.vpl.ca
Kits: 2425 Macdonald Street; 604-665-3976
Dunbar: 4515 Dunbar Street; 604-665-3968
West Point Grey: 4480 West 10th Avenue; 604-665-3982

David Eby, MLA, Vancouver-Point Grey

Office 2909 West Broadway; (604) 660-1297
david.eby.mla@leg.bc.ca. Contact office staff for support accessing community services.

Dunbar Community Center

4747 Dunbar Street; 604-222-6060

Kits Community Center

2690 Larch Street; 604-257-6976

West Point Grey Community Center

4397 W 2nd Avenue; 604-257-8140

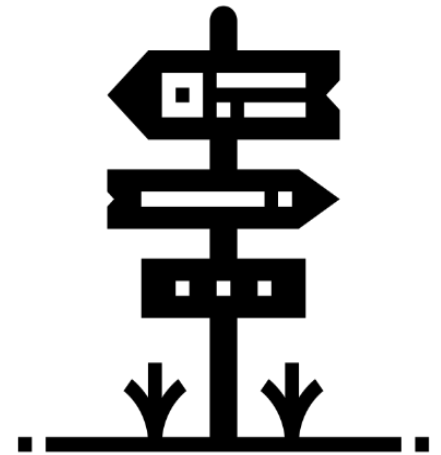
NEWCOMER SERVICES

Multicultural Family Support Services for violence intervention; 604-436-1025

Immigrant Services Society: 604-684-2561

Mosaic – Interpretation/translation, English classes & specialized programs; 604-254-9626

Dunbar, Kitsilano & Point Grey Resource Guide



Created by Eucalyp
from Noun Project

*Produced in consultation with
community members by:*



Kits House



WESTSIDE FOOD COLLABORATIVE

